

# Nepal Leprosy Trust

Changing lives

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By buying these products you are supporting the workers in our Kathmandu workshop, which runs a variety of projects. It provides people affected by leprosy or disability with a living wage in a society where leprosy means stigma and rejection. To order phone us on **020 8940 1200** or email **info@nlt.org.uk**

### Lydia Children's Fund

Children awaiting sponsorship  
£12 per month



16 year old Bibek is a bit older than most of the children needing sponsorship. His father was violent towards his mother so she was forced to leave with her son. She married again and Bibek's stepfather was very kind and supported them. Sadly he was killed in a road accident a year ago and Bibek's mother can now only do casual work and is not able to pay for Bibek to continue his education, which he is very keen to do.



8 year old Kushal's father deserted his mother and married another woman. His mother works in a carpet factory and she can barely earn enough to pay the rent and buy food. Kushal is good at his studies and really wants to continue to go to school. His mother is not able to pay for this.



These 2 children are amongst the growing list waiting for sponsors. They all come from needy families and may not be able to continue their education if there are no offers of sponsorship for them. The £12 monthly sponsorship through Lydia Children's Fund goes a long way towards supporting them and makes their education secure.



### STOP PRESS!

We have just heard that the demolition of the NLT headquarters building in Kathmandu must go ahead. The government has suddenly paid out some compensation and says that work must begin in the next week or two. Please pray for Kamal and the staff as they respond.

### Speaking Team!



We have a group of four people, Enid, Mildred, Naomi and occasionally Mike who are all happy to form a small team to visit your church, school, club or group and give a talk, drama and/or slides. We do not make a charge for this, but we do like to bring NLT handicrafts for sale!



If you would like us to speak to your group,  
Phone us on **020 8940 1200**

It costs us nearly £300 to post this newsletter. If you could receive it by email instead, please let us know on **info@nlt.org.uk**

Published by: Nepal Leprosy Trust, 10A The Vineyard, Richmond, TW10 6AQ (England)  
Telephone: 020 8940 1200; Fax: 020 8948 2703;  
Email: info@nlt.org.uk Website: www.nlt.org.uk

NLT is a company limited by guarantee (no. 4046961) and a registered charity no.1081952. Registered in England.

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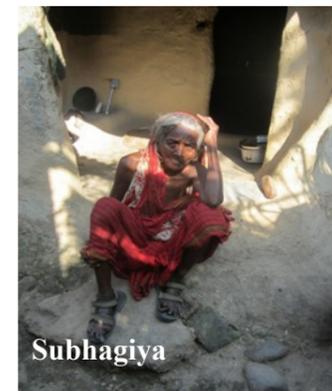
### 'Adopt' a Grandparent



Hadisha

Amongst those affected by leprosy under our care, there is a growing population of older people with physical damage caused by their leprosy, and some older people with no family able or willing to take care of them. In Nepal there are no significant national services to support old people, so Nepal Leprosy Trust does what it can to help make the lives of these folk bearable. Most are still able to live independently, and are no longer as ostracised by their community as they once were, due to the work our staff have done to help communities understand their difficulties better. However, they are often not strong enough to earn a living to feed and clothe themselves, and are struggling to get by with very, very little. For these people, leprosy has already stripped away most of their dignity, and their resulting poverty is taking the rest.

This particular group of people is one of the most neglected social groups in Nepal, especially as urban migration and changing cultural values are weakening traditional family support networks for old people. The Bible tells us that taking care of the vulnerable is an important responsibility for us, and we already support a range of needy children. We therefore thought that we could extend that help to older people who are vulnerable, and ask if any of you would be prepared to "adopt a grandparent" to ensure they have enough food and basic clothes to make life just a little bit more comfortable.



Subhagiya

The team at Lalgadh has worked out that **£20 a month** would be the right amount to cover food, with some left over for clothes, and would allow them to live with more dignity.



Surjaman

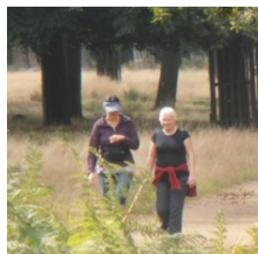
The three people pictured here are Hadisha, Surjaman, and Subhagiya. They have all been disabled by leprosy. Hadisha and Subhagiya are widows with no support. Surjaman is physically weak, with partial paralysis and a prosthetic leg. These three, and others like them, need some additional help to make their lives less unpredictable and a bit more comfortable. As Christmas is approaching, do think about "adopting a grandparent" and making a big difference in someone's life.

Contact us on **020 8940 1200**, or email us at **info@nlt.org.uk**.

Thank you



## Nepal Leprosy Trust's Annual Sponsored Walk!



13th September dawned bright and dry, which was good news for our sponsored walk in Richmond Park. Holidays and illness somewhat depleted our numbers, but those who came enjoyed a coffee before heading off around the park. As in previous years, the lovely surroundings, good company, and impressive deer made the distance seem all too short, and the great weather was a definite bonus!

Our thanks to all those who sponsored us. The money goes a long way in Nepal. Do consider joining us next year!



### Hand Surgery in Nepal



**Donald Sammut**, an experienced hand surgeon, and his team are visiting Lalgadh again this November to hold another hand surgery week. In January this year he operated on 31 patients and changed many lives. Donald's friends in the medical world have donated a new sterilizer (autoclave), and other equipment which will greatly improve things for the doctors doing surgery at Lalgadh. Please do pray for a successful and safe time for the team in Nepal.

### Sushmita gets some wheels

Visitors to Nepal are always welcome at Lalgadh, especially when they bring some precious cargo with them. This summer a young trainee podiatrist and four medical students took out a special buggy for a girl called Sushmita, who lives in the village near our centre, and is very disabled with cerebral palsy. The buggy is designed for disabled children and was donated by the "Through The Roof" charity, specifically for Sushmita. She is now 15 and cannot do anything for herself, so her Mum and Dad have a real struggle to look after her, with no significant outside support. There is no system in Nepal for providing help for children like Sushmita. They are very pleased with the buggy, as the family can now take Sushmita out for walks and she can sit comfortably outside and enjoy the sunshine, instead of being largely confined to her room. A big **Thank You** to *Through the Roof*, along with Mariel, Grisma, Saranya, Mehreen and Greg for getting the buggy there and assembling it!



## Fulo and Tara's Story



Fulo is a very shy girl aged 5 and comes from a village called Ithara, in Danusha District, the same district where Lalgadh is. Fulo comes from a loving family and has 3 sisters. Her father is a farm worker and her mother stays at home to look after the children.

Last year her mother noticed some patches on Fulo's tummy. After a few days she asked her brother about them because Fulo's cousin had had the same thing and went to Lalgadh and got medicine (her patches are nearly gone now). Fulo's uncle told her mum and dad to bring Fulo straight to Lalgadh hospital, which was a 2 hour journey. They came quickly and also brought Fulo's sister Tara along too, as they were worried about something on Tara's elbow that just wouldn't heal.



Dr Yamuna looked at the patches on Fulo and Tara and found that they had no feeling when touched, which is indicative of leprosy. Some other tests were done as well, which showed that both girls had leprosy. Fulo and Tara were put on six months medication and told to take their medicine every day, so that their symptoms would disappear and all traces of leprosy would be cleared.

Fulo's mum and dad, and the girls, were very upset to find out that they had leprosy, but the doctors praised mum and dad for bringing their girls along to Lalgadh so soon after seeing the patches. They said this swift action will save the girls from being disfigured by leprosy and they should recover completely.



This story has a happy ending because the treatment was started early. Sadly, many of the children that come to Lalgadh come much too late.

**Shop for us!** Turn every pound you spend online into funds for us.

**Give As You Live and Shop2Fundraise** are two ways of shopping on line and raising funds for the charity of your choice at the same time. Most of us do some Internet shopping, so use these sites, set NLT to be your charity, and raise funds for NLT at no cost to yourself. We do it in the office. Try it and see for yourself how easy it is.

help us whilst you shop... [www.shop2fundraise.co.uk](http://www.shop2fundraise.co.uk)

### Easy ways to raise funds for Nepal Leprosy Trust


Ring 020 8940 1200 or email [info@nlt.org.uk](mailto:info@nlt.org.uk)

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£3.99 For  
10

**D F G**  
£3.50  
For 10

**NLT  
Christmas  
Cards**

### Twitter

**Yes**, NLT now has a Twitter account. You can either go to our website to see the tweets, or if you are a tweeter yourself our hash tag is:-  
[@NepalLeprosyTr](https://twitter.com/NepalLeprosyTr)



### NLT Prayer Letter

The NLT office is now producing a regular Prayer Letter, distributed by email. If you would like to receive this, please let us know either by email to:  
[info@nlt.org.uk](mailto:info@nlt.org.uk), or telephone  
020 8940 1200.

**Help in the office at Richmond** is still needed. We would be thrilled to hear from people who would like to spend a few hours a week regularly helping with various administrative tasks, or helping at fairs and events. Please call us on 020 8940 1200.

### Online Shop .. good news!

**NLT's online shop is now live!**

Please do visit our main website and look for the 'shop button'. Have a browse, look around ..... You never know you may see something that you never knew you needed!

A big **THANK YOU** to the people who have responded to our appeal to receive their Newsletter by email. We would like to reduce postage costs even more, so please let us know if an email version suits you.  
[info@nlt.org.uk](mailto:info@nlt.org.uk)  
We are still happy to continue to post your copy if you prefer.